

This is what **Coach Alison Flaata** has to say about Ashlyn Gillen. Ashlyn is an extremely hard worker and strives to improve herself at each practice. She is a team leader that motivates and encourages others and always has a positive attitude. She has improved tremendously since starting gymnastics only one year ago. She has gone from competing in one event to being able to compete in the all-around.

P.A.W.
Park Athlete-of-the-Week

NAME **ASHLYN GILLEN**

SPORT **GYMNASTICS**

GRADE **11TH**

COACH **Alison Flaata**

DATE **2/10/2020**

MIDDLE SCHOOL ATTENDED **COTTAG GROVE MIDDLE SCHOOL**

ELEMENTARY ATTENDED **GREY CLOUD ELEMENTARY**

• What do you like about your sport?

I like my team.

• What do you like best about PARK?

I like the teachers.

• What motivates you to do your best?

What motivates me is working towards goals and improvement.

• Who is your role model? Why?

My sister, she pushes me to be my best.

• What advice would you give to athletes, especially those in elementary and junior high school?

Work hard, push yourself to do your best.

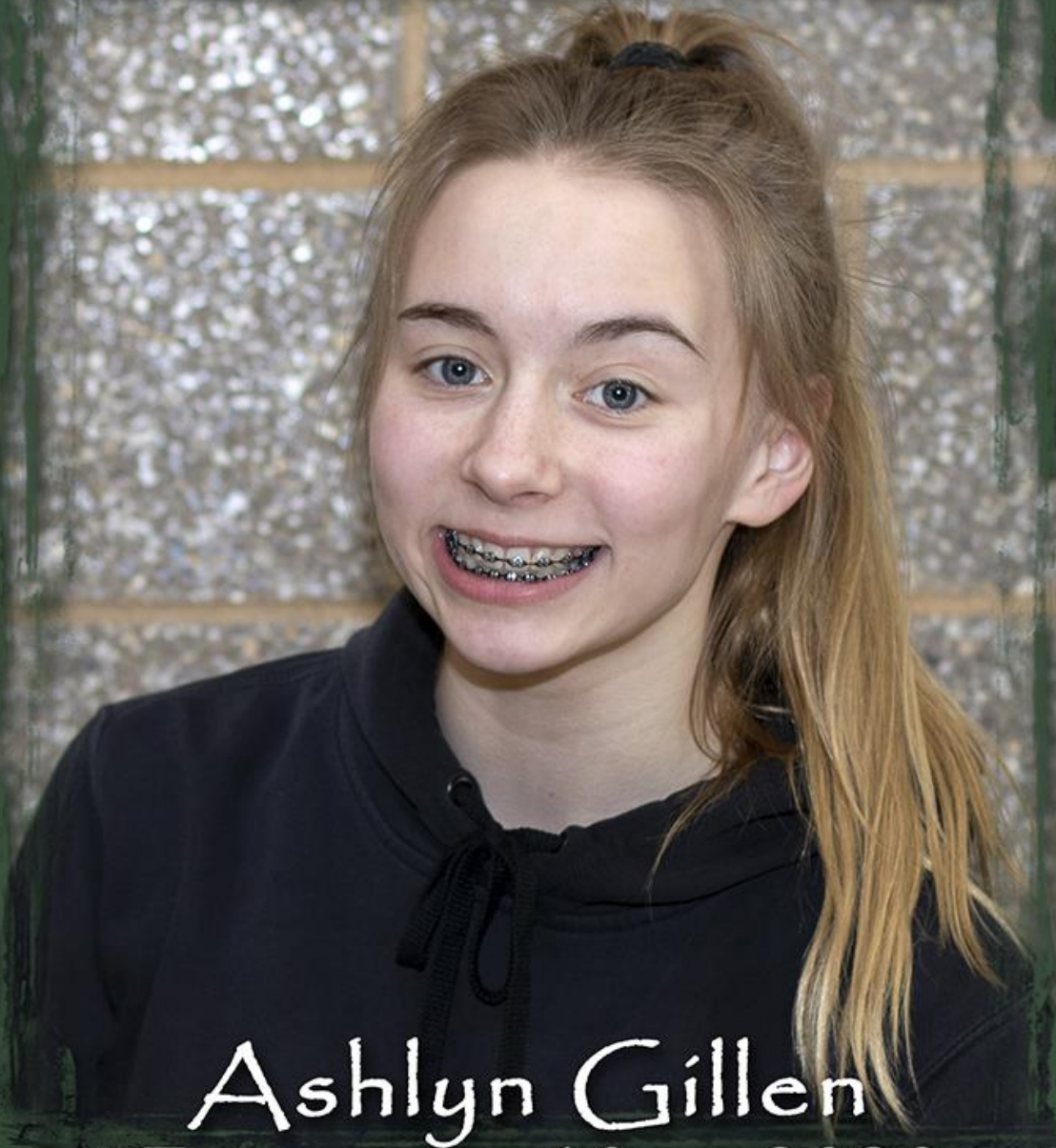
• What are your hobbies?

I enjoy hanging with friends, family and gymnastics.

• What do you plan to do after high school?

Go to college and do something in the dental field.

Park Athlete of the Week



Ashlyn Gillen

FEBRUARY 10TH 2020

Gymnastics