

This is what **Coach Stacy Paleen** has to say about Abby Gunderson. Abby has been one of our most consistent players this year. She makes big saves when her team needs her and does a great job of directing play from the back. She is a leader both on the field and off.

P.A.W. **Park Athlete-of-the-Week**

NAME **ABBY GUNDERSON**

SPORT **GIRLS SOCCER** GRADE **12TH**

COACH **Stacy Paleen** DATE **10/7/19**

JUNIOR HIGH ATTENDED **COTTAGE GROVE MIDDLE SCHOOL**

ELEMENTARY ATTENDED **CRESTVIEW ELEMENTARY**

- What do you like about your sport?

The creativity that the sport requires, players are talented in so many ways and each position requires different strengths; it is also very dynamic 24/7.

- What do you like best about PARK?

The teachers – they are always there for you and will help you in any way possible.

- What motivates you to do your best?

Setting goals for myself and continuing to work towards something, also to be a better player/leader then the day before. Growth mindset is the key.

- Who is your role model? Why?

Bethany Hamilton, she had a major setback in her sport and still came back. Her endurance and dedication should be inspiring to everyone; there should be no excuses for not working hard.

- What advice would you give to athletes, especially those in elementary and junior high school?

Success doesn't come over night. You have to work for it. So, have fun but also know how you practice will reflect how you play in a game.

- What are your hobbies?

My hobbies are snowboarding, weight lifting, running and photography.

- What do you plan to do after high school?

Go to a 4-year university to study biochemistry or psychology and play soccer.

Park Athlete of the Week



Abby Gunderson

OCTOBER 7TH 2019

Girls Soccer