



# Park High School Announcements

[phs.sowashco.org](http://phs.sowashco.org)

651.425.3700

## Distance Learning Tips for Success:

<https://www.livemorescreenless.org/middle-school-webinar>

\*Although the information is directed to middle school age, it is good information for high school students, also.

## Tozer Scholarship Meeting:

The school counselors will be presenting information on the **Tozer Scholarship** for seniors via a Google Meet. **The Tozer Scholarship is \$2,750 a year, renewable for four years for a total of \$11,000.** Last year PHS had 13 recipients! The link will be posted 15 minutes prior to the meeting on Thursday. Any questions, please reach out to Mr. Bodurtha, school counselor. He can be reached via email at [Abodurth@sowashco.org](mailto:Abodurth@sowashco.org)

**Thursday, November 19<sup>th</sup> @ 2pm**

**Tozer Information Google Meet joining info:**

<https://meet.google.com/uhd-eous-ijp>

If you are unable to attend the meeting it will be posted on the PHS website after the meeting.

[https://phs.sowashco.org/students/counseling\\_career\\_center/scholarships](https://phs.sowashco.org/students/counseling_career_center/scholarships)

## Jostens Pictures:

Just a reminder that Josten's pictures are now ready to order. The event code to order is FE68220.

<https://phs.sowashco.org/cms/One.aspx?portalId=1222310&pageId=28448872>

## Class of 2021:

Senior photos - **Due Date: December 18, 2020**

This year, senior photos will be submitted directly to Jostens using the link provided. The photos **MUST** meet the following criteria:

- Vertical head and shoulder photos only (no profile photos)

- No full body photos
- Please keep the photo background simple
- Photo must use portrait alignment-not horizontal
- Color photos only with no black and white or color alterations
- Any props used **MUST** be approved by the yearbook advisor before you submit
- We do **NOT** encourage taking prints from your photographer and then scanning them. The quality is usually poor. Ask your photographer to submit the electronic image directly.
- Photo size requirements for yearbook submission
- Minimum requirement 3 inches by 2.25 inches aspect ratio (300 dpi min)
- Larger photos may be used, but the yearbook staff has the right to crop larger photos

These specifications are in place to maintain uniformity throughout the section but allow each student to choose their own photographer. For any senior who does not submit a photo, the school picture on file will be used. If there is no picture on file, then no picture will be included in the yearbook. Questions can be directed to Amy Johnson, Yearbook Advisor.

- [Submit your senior picture.](#)
- If prompted by Jostens to add an ID number, use: 415473974

## [Purchase your 2021 Yearbook](#)

### Senior graduation information:

Seniors, be sure to check your apps account for important links to cap and gown, graduation announcement info and other important items.

**CAP & GOWN: The deadline for Cap & Gown measurements this year is *December 15, 2020*.** This is to ensure Jostens has everything in process should any unknown shut downs, capacity issues, etc. happen this year. Please submit your height and weight information to the link below. If you do not have access to the internet or need further information, please contact Ms. Deiman in the main office.

<http://www.gradsmn.org/park-cg>

### Chemical Health Specialist:

The South Washington County School District (ISD 833) has partnered with Youth Service Bureau, Inc. (YSB) to have a Chemical Health Specialist working in the high schools.

The Chemical Health Specialist, **Matt McCune, MA, LADC**, will provide direct chemical health support services to students and families at the four high schools. He can be reached at

[mmccune@sowashco.org](mailto:mmccune@sowashco.org) or **612-930-2997**. His services include:

- **Confidential one-on-one support** for students who use substances, have a history of substance use, and/or are impacted by others' substance use, such as family members or friends.

- **Support groups**, such as concerned persons and sober support (offered depending on student need)
- **Family sessions** regarding youth substance use with focus on connecting families to resources
- **Parent and staff consultation**
- **Chemical Health Screenings and assessments**
- **Referrals** to outside resources and follow-up support

Due to distance learning, Matt is currently meeting with students virtually via Google Meets. Scheduling with students will take place on home learning days at a time between 8:00am and 4:00pm that works best for the student. Students and parents may reach out to Matt directly to set up a meeting or they can let counselors, administrators or other school staff know they'd like to utilize Matt's services. The school staff will then connect with Matt with contact information.

Matt is eager to be of service and looking forward to working with our community!

### **Parenting in a Pandemic: Screen Time and Mental Health:**

Erin Walsh, media and child development expert

December 2, 2020

6:30 – 7:30 p.m. virtual presentation

Link: <https://drive.google.com/file/d/1j3oC767cgVXcDeccERV3-ddJHTTfSQL4/view?usp=sharing>

### **The Park High School Mathematics Department recommends the following calculators:**

Algebra 1 and geometry: TI-30XIIS (a scientific calculator)

If you are considering purchasing a graphing calculator: Texas Instrument 83 and 84 series: (these will take students through their college math and science courses)

TI-83, TI-83+, TI-83 silver

TI-84, TI-84+, TI-84 silver

TI-84 + C Silver - has a colored screen

TI-84CE - has a colored screen and rechargeable batteries

\*\*\*Save your receipt and write the calculator off on your taxes as an educational expense!